



Vine & Branches

Rachel's Vineyard
Healing the Pain of Abortion
One Weekend at a Time

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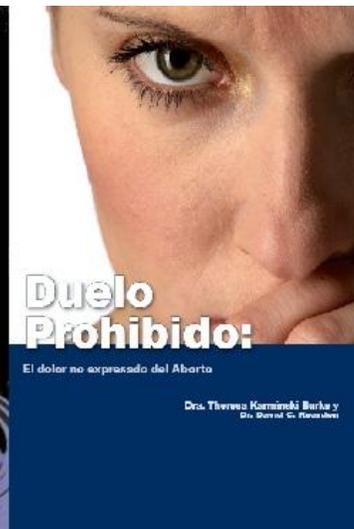
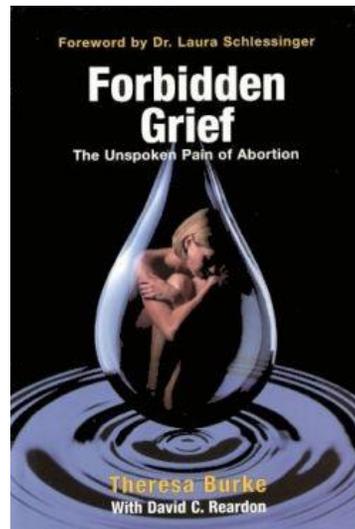
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Rachel's Vineyard: New Product

Duelo Prohibido: El Dolor No Expresado Del Aborto

By Dr. Theresa Burke and Dr. David C. Reardon



We're happy to announce the Spanish Translation of Dr. Theresa Burke's book, *Forbidden Grief*. To order the Spanish version, *Duelo Prohibido: El Dolor No Expresado Del Aborto*, please click the following link: http://www.amazon.com/Duelo-Prohibido-Dolor-Expresado-Aborto/dp/B00R50FHGU/ref=sr_1_11?s=books&ie=UTF8&qid=1431972971&sr=1-11

Durante más de 30 años, en los Estados Unidos se ha mantenido un debate abierto sobre el aborto. En ese período de tiempo, más de 30 millones de mujeres han abortado al menos una vez en su vida. Mientras la batalla política continúa, poco se ha hecho por tratar las necesidades emocionales de aquellas personas que luchan contra sentimientos de dolor, vergüenza, de sentirse juzgados por los demás...por citar algunos. Por el contrario, los tabúes sociales ahogan la expresión de los sentimientos relacionados con el aborto. Las mujeres se sienten aisladas y se bloquea su recuperación. *Duelo Prohibido* es un repaso fiel e impactante de las experiencias de la Dra. Theresa Burke, terapeuta de cientos de mujeres con secuelas emocionales provocadas por abortos. La Dra. Burke expone los obstáculos en el camino hacia la recuperación tras el aborto, repasa los distintos y profundos problemas de adaptación del posaborto e ilustra cómo podemos crear una sociedad más comprensiva y saludable en la que las mujeres no tengan que ocultar más su dolor. Ya es hora de escuchar y ayudar.

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UNSUBSCRIBE

- Conozca los secretos que las mujeres que han abortado quieren que todo el mundo comprenda pero que sólo revelan a sus terapeutas.

- Entienda cómo las experiencias traumáticas del aborto pueden reexperimentarse a través de nuevos embarazos, abortos provocados múltiples, abuso de sustancias, trastornos alimenticios y ruptura de las relaciones.

- Descubra qué pasos son necesarios para recuperarse y encontrar la alegría tanto de usted como de sus seres queridos. La Dra. Theresa Burke es psicoterapeuta y fundadora de La Viña de Raquel, una organización que ofrece formación y facilita la recuperación tras el aborto, ayudando anualmente a miles de mujeres y parejas en Estados Unidos y en el extranjero. El Dr. David C. Reardon es uno de los investigadores y autores más importantes de Estados Unidos en temas sobre el posaborto, y es funda.



**“The more that you read, the more things you will know.
The more that you learn, the more places you'll go.”
~ Dr. Seuss**



Not the Answer

Kathleen - Virginia, United States

I was 13 and living in southern California in 1973 when abortion became legal in the United States of America. Feeling abandoned by two alcoholic parents, one who also suffered from manic depression and polar disorder, I searched for love and companionship by adopting the same behaviors and attitudes I learned about from following the entertainment, music, and television industry celebrities, listening to the news and radio personalities, and, of course, watching my friends and relatives. Medical science was promoting safe sex through contraception, and many OBGYN's were putting young women on the pill as soon as they began menstruating. Some had begun performing abortions in the hospitals for their more affluent patients and used the term DNC instead of abortion. Entire medical practices revolved around getting young girls on the birth control pill, and then, when that failed, performing abortions on them. It was a revolving door for many of us who thought we were in good hands. After all, this was modern medicine, right? Abortion was legally, lawfully accessible to all women, especially those from wealthy families. It was just what the doctor ordered after the Roe vs. Wade ruling.

All the young women I knew at school had already lost their virginity, and dressing up to look like you were 18 was all the rage. Everyone wanted to be the young, glamorous child star model in the denim ads. As lonely and isolated as I had become, the only interaction I had with anyone was with these kids, who, just like me, had parents that were

partying all the time, or even gone for much of the time. We were all on a mission to have as much "fun" as we could get away with. This behavior led to drug and alcohol use. The drugs took away all the pain associated with the abandonment of my parents, and the pain and grief associated with the abortions. The sex made me feel powerful, important, and, for a short period of time, desirable and loved. The group of teens I hung around with was all from wealthy dysfunctional families just like mine, with the same baggage and issues, so I felt supported in some unhealthy and bizarre way. How bad could things be, if one could hang out at the private country club or hop a plane down to Cabo San Lucas to party with friends whenever they wanted? Wasn't this all anyone could ever want in life, to be wealthy, glamorous, and sexually desirable?

I became pregnant a total of eleven times between 1973 and 1987. My OBGYN was a very prominent member of the medical community in Southern California, who taught many other doctors to perform these DNC's in hospital. This doctor actually had delivered me, and now was not only performing abortions on me but was making hundreds of thousands of dollars every year performing abortions on everyone he could because the Supreme Court ruled it was legal to do so. Each time I would see my doctor in his office, he would remark at how healthy I was and how one day I would be able to have a family of my own, but, until I was married it was not a good idea to have a baby. He would examine me, determine how far along in my pregnancy I was, and then schedule the DNC. They would take my blood and run the necessary tests in his office right there in Beverly Hills. Then he would tell me not to have sex for one week prior to my surgery and then prescribe for me some antibiotics. I remember thinking what a wonderful thing modern medicine was, and how fortunate I was to be able to receive this care! I know now that I was just one of thousands of woman who were used in this manner to make money for these power hungry medical professionals.

Each time I had another abortion, the pain associated with the loss of that child compounded with the loss of the one before. I would try and fill the void left by the abortion by traveling, or shopping, or having a party, or doing anything I could think of to keep busy in order to avoid being confronted with my feelings and emotions in regards to the abortions. To avoid acknowledging the truth in any way possible was exactly what my parents and friends were doing, and it was what my doctors did, so it was what I did. Children learn by example, and so I sunk further and further down into denial.

The older I became, the more I began to notice that being around pregnant women made me angry, yet I never understood why! Even seeing a diaper commercial on TV upset me, yet I didn't know why! When I heard the sound of a baby crying, I would feel sick to my stomach, and the sight of a child running and playing on the beach would make me feel empty inside. My heart had a hole the size of the Grand Canyon in it from the effects of those abortions, yet I could not connect the dots. Society and the medical community had done a fantastic job of completely desensitizing me to the truth about God's precious gift of Life in the sacred act of Procreation between married couples. Sex had become a recreational activity to me, like bike riding or surfing. Suddenly, nothing in my life made sense to me anymore, especially my medical history. I decided to stop having sex and began to confront my belief systems,

morals, and values. I sensed that something was very wrong with me and the harder I tried to figure it out, the more confused and upset I became. I sank into a deep depression, and I thought about killing myself more than once.

I am here today giving my testimony because I believe I experienced what I did in order to be another voice to speak for millions of women who feel they have no voice. After suffering needlessly for over 35 years, I attended a Rachel's Vineyard Retreat and found a way to begin to heal from the devastating effects abortion and the culture of death has had on my life. The main stream medical industry and the government of the United States of America have a responsibility to every citizen of this country to protect and to serve. What happened to me is happening right now! Abortion is not the answer to the question of an unplanned pregnancy. Stronger birth control pills are not the answer to preventing unwanted pregnancies. The Medical communities know this. The problem is that Abortion is BIG BUSINESS now, and the United States Government is backing it. Planned Parenthood LIES about the effects of abortion on women and men. The mainstream medical industry tries to cover up the negative psychological effects that abortion has on the American public. They think if they continue to ignore the truth that Abortion is Murder this issue will go away, but you and I know it won't. I think what is happening here is WRONG and HARMFUL to the American public and I know I am not alone. I am SILENT NO MORE, and I hope that my story will encourage others to be SILENT NO MORE as well. May God Bless and keep you allThank you.



“We can't help everyone, but everyone can help someone!”
~ Ronald Reagan



Why I Can't Stay Silent About Abortion By Cullen Herout

In January of 2011, I moved back to Nebraska to start over in my life. I had been living in West Virginia, was engaged to be married, and planned on living the rest of my life on the east coast. But the relationship did not work out, and I certainly had no reason to stay in West Virginia, so I went ahead and moved back.

I had been here about two months when I received a phone call from a long-time family friend. She invited me to come on a weekend retreat, as the counselor, for women who have had abortions (men who have participated in abortions are also welcome on these retreats). The ministry was Rachel's Vineyard, and little did I know that this weekend retreat would change my life in more ways than one. It would be the starting point of a growing passion so strong that it would inspire me to help start a website and begin speaking out against abortion.

I really did not know a lot about abortion at that point in my life. I remember thinking that I didn't think I knew anyone who had had one. Now that I know the statistics, I'm almost sure I knew people who had had one! I was a little reluctant to attend a retreat based on something I knew so little about. I prayed and thought about it and ultimately decided that it was something I was going to do.

Long story short, the weekend was incredible. There was pain, suffering, mercy, love and healing. There was heartbreak and joy. There were a million other things that I can't even describe using words. The four years that have passed since this first Rachel's Vineyard retreat weekend have developed in me a passion for unborn children. Eight retreats, and countless stories later, I have decided that I can no longer sit silently when it comes to abortion. I believe it is the greatest injustice of our time.

Over the last several years, I have heard and read countless stories from women who have had abortions. Each story is different, each has different characters, is based in a different location, has different explanations and reasons for choosing abortion. The emotions range widely: some experience sadness, grief, loss. Others experience regret, shame, or an unwillingness to forgive themselves. Still others experience isolation or a raw emptiness of being unable to experience any emotion at all. Some have dissociated themselves from the experience, or buried it so deep within themselves that no matter how badly they want to discuss it, they have difficulty. The men oftentimes are also consumed by loss, regret, and a feeling of helplessness about their past.

I've heard the sorrow. I've heard the grief. I've heard the torment, the angst, and the shame. I've listened to the regret, the guilt, the helplessness. I've seen the tears, the emotional blockades, the defense mechanisms. Still more, I've heard women who have been silenced by the pain and the hurt. They have learned they cannot speak out, and so they have kept their stories to themselves. They have been silent for years, sometimes decades. It's tragic. It's heartbreaking. It's eye-opening.

The abortion lobby has successfully implemented a number of catchphrases to be used in the abortion debate. Among these catchphrases are "pro-woman," "anti-choice," abortion as "health care," and "reproductive rights." There are plenty of others, but these are the ones that incense me the most. Actually, in the name of not discriminating, they all incense me equally. Those are just the first four I thought of.

I can't sit silently by and listen to these lies anymore. I have to stand up and do something. When I became involved in Rachel's Vineyard just over four years ago, I had no idea what kind of passion it was going to create in me. Now that it's here, I feel as though I have to do something about it. I can't watch from the sidelines anymore. I can't sit on the couch and throw fake penalty flags at the TV every time I hear something foul. In fact, I don't even watch TV, so that would be useless.

If I've learned anything over the past four years of this journey, it's that women regret their abortions. Really, they do. Seriously, I mean it. There are thousands of organizations and support groups for post-abortive women. They do not exist because women are happy with their choice; they exist because abortion brings suffering. I can't pretend like I haven't

seen men and women who beat themselves up about this decision. I can't pretend like I haven't seen the victims of these lies. I have seen them. I've met them. I've listened to them. I've cried for them and with them. I've witnessed the suffering that comes from believing the lies about abortion. I've met men and women who have never been able to tell anyone about their decision because they are too ashamed.

It's because of them that I am so passionate. I don't want any more men and women being hurt by this epidemic of child-slaughtering. The pain and suffering must end. The truth must be told. Healing must begin. It needs to start now.

I can't stay silent.



“Never doubt that a small group of thoughtful, committed, citizens can change the world.

Indeed, it is the only thing that ever has.”

~ Margaret Mead



Abortion Hurts, Jesus Heals

By: Dana Nygaard

LPC Intern

Supervised by Summer Land, LPCS [214-912-5538](tel:214-912-5538)

“I killed my child,” the woman whispered in abject anguish as she was blessed with oil. She was not alone in her heartache, as the entire room was overflowing with raw, palpable grief from those brave enough to share their regret from being involved in one or more abortions. The room was a cacophony fluctuating between soundless cries to gut-wrenching sobs. Tissue boxes were decimated within minutes; and trashcans were overflowing with discarded tissues that were somber reminders of the heartache of loss.

As a volunteer therapist for Rachel's Vineyard Retreats (www.rachelsvineyard.org), I am privileged to walk with women and men on their journey of healing from the destruction of abortion. They are not monsters, but children of God who seek redemption through their suffering; and suffer, they do. “Post-Abortion Syndrome” or PAS is a word coined by the pro-life advocate, Vincent Rue, Ph.D. Dr. Rue believes those that endure abortion submit to an immeasurably traumatic experience.

The majority of mental health professionals do not address PAS with their clients, due to their personal ideology, discomfort with the topic, and that it is not formally recognized in the DSM-5. The Diagnostic and Statistical Manual – 5 is the ‘bible’ of those doctors and therapists. Catholic therapists, for the most part, acknowledge the trauma of post-abortive clients. Dr. Susanne Babbel, Ph.D., M.F.T. states, “No matter

your philosophical, religious, or political views on abortion, the fact of the matter is, the actual experience can affect women not only on a personal level but can potentially have psychological repercussions.” Babbel coined the term “Post Abortion Stress Syndrome” (PASS) based upon the clinical diagnosis of Post Traumatic Stress Disorder (PTSD), to describe the psychological impacts of abortion. The doctor affirms “any event that causes trauma can indeed result in PTSD, and abortion is no exception.” Guilt, anxiety, numbness, depression and suicidal thoughts are signs of PASS. These symptoms do not necessarily apply to each person who is post-abortive, however they are highly probable. These burdensome feelings do not have to be carried alone.

Rachel’s Vineyard is an outreach of the Catholic Church that presents a “safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer a supportive, confidential, and non-judgmental environment where women and men can express, release and reconcile painful post-abortive emotions to begin the process of restoration, renewal and healing. The retreat helps post-abortive individuals experience God’s love and compassion on a profound level. It creates a place where men and women can share, often for the first time, their deepest feelings about abortion. It is a compassionate environment where it is safe to dismantle troubling secrets in an environment of emotional and spiritual safety. Rachel’s Vineyard is therapy for the soul. Participants, who have been trapped in anger toward themselves or others, experience forgiveness. Peace is found. Lives are restored. A sense of hope and meaning for the future is finally re-discovered.”

Father Frank Pavone teaches that God extends justice for His people, thus He believes His people must offer justice to each other. Scripture says, “Be merciful as your heavenly Father is merciful.” We also learn from the bible to “Do unto others as you would have them do to you” in Matthew 7:12 and “Love one another” in John 15:17.

Resources

Post Abortion Stress Syndrome (PASS) – Does it Exist? By Susanne Babbel, Ph.D., M.F.T.

The Bibles Teachings against Abortion by Father Frank Pavone
www.rachelsvineyard.org; www.menandabortion.com



“O Lord my God, I cried out to You, and You healed me.”
~ Psalm 30:2



A July 4th Appeal

As we celebrate our independence and freedom this Fourth of July, let us encourage those suffering after an abortion to experience freedom through a Rachel’s Vineyard retreat weekend. Rachel’s Vineyard is a safe, loving place to find peace and healing after abortion.

Rachel's Vineyard Ministries is a non-profit organization. We are able to minister to those affected by abortion through your contributions and prayers.

Online: www.RachelsVineyard.org/donate

By Phone: [610-354-0555](tel:610-354-0555)

By Mail: P.O. Box 140130 Staten Island, NY 10314



**“If there be any truer measure of a man than by what he does,
it must be by what he gives.”**

~ Robert South



Message from the Pastoral Director

Dear Brothers and Sisters,

The celebration of Independence Day each year inspires me to renew my commitment to the work of ending abortion and healing those wounded by it. The reason is that there are so many intrinsic connections between what we celebrate on the 4th of July and what we work for in the pro-life effort.

Our nation didn't come together because of geography or ethnicity, but because of principle: the principle that we're free when we acknowledge God and the rights he has given us -- rights that governments are meant to secure (not edit or delete).

First among those rights is life.

Put another way, then, there is no freedom without the right to life. What we celebrate on Independence Day is that we are free from tyrannical power that would dictate that some are less equal than others, that some are protected while others can be destroyed.

And the healing work we do, of course, can be described as leading people to freedom -- freedom from the guilt, despair, shame, and multiple wounds that abortion brings.

Let's all renew our dedication to the cause of life and of healing!

Sincerely,

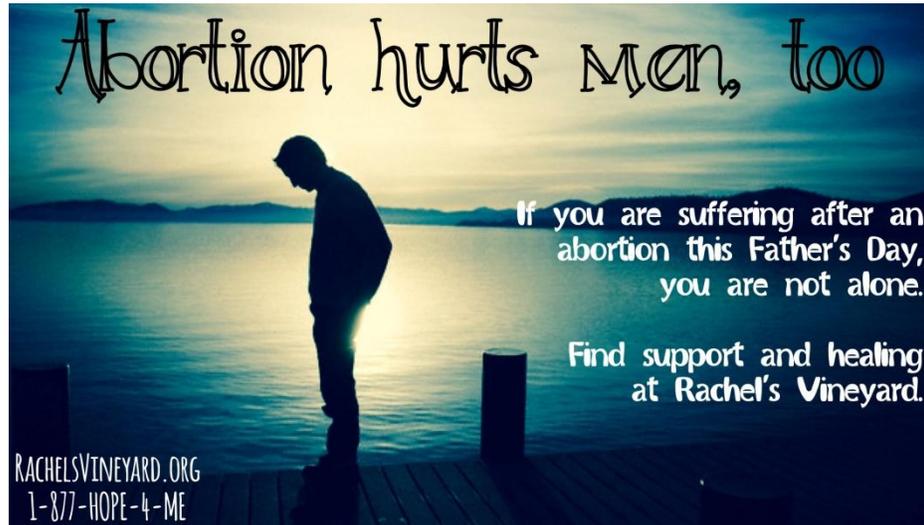
Fr. Frank Pavone

Pastoral Director, Rachel's Vineyard Ministries

National Director, Priests for Life

"By grace alone, not of me,
in Christ through faith, is why I'm free."
~ Deborah Ann

Rachel's Vineyard in Social Media



Click the links below to visit Rachel's Vineyard social networking sites. Join today and send to your friends and family!

Facebook Fan Page: www.facebook.com/rachelsvineyard

YouTube: www.youtube.com/user/rachelsvineyard

We're happy to announce that we have expanded our social media presence!

Please follow us on:

Twitter: www.twitter.com/RVHealing

Pinterest: www.pinterest.com/rachelsvineyard

Instagram: www.instagram.com/rvhealing

"Thought is the wind, knowledge is the sail, and mankind is the vessel."

~ Augustus Hare

United in Prayer

Susan Lepak's husband, *Tom*, was diagnosed with lymphoma, he has fought through acute renal failure and pancytopenia (a deadly anemia). The doctors said his case was interesting, challenging, confusing and difficult. He spent 27 days in the hospital. He is taking chemotherapy and has an extremely compromised immune system. His doctor says that divine intervention is why he is still alive. Please pray that he is able to continue to fight through this disease and that he receive a complete miracle of healing. Susan Lepak was involved with Rachel's Vineyard and Grief to Grace Ministries for many years in the diocese of Oklahoma City, OK. She has been a tireless prayer warrior since her retirement; please keep Susan and her family in your prayers.

Please join us in praying for, *Celia Ryan*. She has been diagnosed with advanced lung cancer which has metastasized to her brain. Celia has served as a therapist and team member on Rachel's Vineyard teams in many locations including Washington, DC. She has also taught at many of Leadership conferences and is a beloved friend to many. Lord, please hold Celia in your arms and grant her a miracle of healing in whatever she needs during this difficult journey. If you would like to reach out to Celia you can do so by mail or email:

4759 Lightkeeper's Way #14-A

Little River SC 29566-7988

celiaryan@griefworks.com

Please pray for, *Joan Bartolomei*, member of the Trenton, NJ Rachel's Vineyard Team. In April she was diagnosed with a recurrence of breast cancer in her left breast. Initially a mastectomy was scheduled. A pre op MRI revealed a second mass in her right breast and biopsy confirmed cancer. This led to a PET scan which showed right lung involvement, also confirmed by biopsy. She is also scheduled for a couple more tests to determine if there is cancer elsewhere. The oncologist has enough info to begin a course of hormone therapy treatment shown to be effective with this type of cancer in post menopausal women. She will be monitored closely with meds altered as needed. Chemo is likely in the future when cancer outsmarts the medications, but that could be several months or a few years away. Joan and her husband Tom feel blessed to have a wall of love and prayer. She is in good hands - God's and his instruments at Penn Medicine. Please keep Joan and her family in your prayers.



**“Let us therefore come boldly unto the throne of grace,
that we may obtain mercy, and find grace to help in time of need.”**

~ Hebrews 4:16



Upcoming Grief to Grace Retreats
Healing the Wounds of Abuse
Reclaiming the Gift of Human Dignity
www.GriefftoGrace.org

Philadelphia, PA

Contact: info@griefftoGrace.org 610-203-2002

June 28th - July 3rd, 2015

Minneapolis/St. Paul, MN

Contact: info@griefftoGrace.org 610-203-2002

August 23rd - 28th, 2015

Beaverton, OR

Contact: griefftoGraceoregon@gmail.com 541-357-7501

September 16-21, 2015

Grief to Grace invites participants to journey through this program in the name of love - love for themselves, love for family and friends, love for those who have suffered unspeakable abuse and mistreatment, and love for the Church - the suffering body of Christ, who cries out for comfort and consolation in the midst of profound betrayal and abandonment. Visit www.griefftoGrace.org for more information. To request an application contact info@griefftoGrace.org or call [610-203-2002](tel:610-203-2002)



“Some people come in your life as blessings; Some come in your life as lessons.”

~ Mother Teresa



Upcoming Rachel's Vineyard Training Events

Eugene, Oregon - Clinical, Clerical and Rachel's Vineyard Team Training

On **September 11th, 2015** Dr. Theresa Burke will conduct a **Clinical Training** that is open to the public and Clergy covering topics pertaining to trauma associated with Abortion.

On **September 12th, 2015** Dr. Theresa Burke will conduct a **Rachel's Vineyard Team Training** that is open to the public covering topics relating to Abortion.

Those interested in Rachel's Vineyard are encouraged to attend one or both of the days.

For more information please contact: Lori Eckstine at

ProjectAurora@aol.com

Grants Pass, Oregon - Clinical, Clerical and Rachel's Vineyard Team Training

On **September 14th, 2015** Dr. Theresa Burke will conduct a **Clinical Training** that is open to the public and Clergy covering topics pertaining to trauma associated with Abortion.

On **September 15th, 2015** Dr. Theresa Burke will conduct a **Rachel's Vineyard Team Training** that is open to the public covering topics relating to Abortion.

Those interested in Rachel's Vineyard are encouraged to attend one or both of the days.

For more information please contact: Lori Eckstine at ProjectAurora@aol.com

Binghamton, NY - Grief to Grace/Rachel's Vineyard Clinical Training

On **September 29th, 2015** Dr. Theresa Burke will conduct a **clinical training** that is open to the public covering topics pertaining to trauma associated with Abuse and Abortion. Those interested in Grief to Grace or Rachel's Vineyard are encouraged to attend.

For more information please contact: Pamela Ludwig at Ludwigpe@gmail.com

Philadelphia, PA – presenting at the Catholic Medical Association Conference

On **October 1, 2015** – Dr. Theresa Burke will be **presenting** at the Catholic Medical Association Conference.

For more information please contact Dr. Lester Ruppertsberger at lruppertsberger@gmail.com

Houston, TX - Clinical, Clerical and General Grief to Grace/Rachel's Vineyard Training

On **October 8th, 2015** Dr. Theresa Burke will hold a **Clinical Training** that is open to the public covering topics pertaining to Abuse, Trauma and Abortion.

On **October 9th, 2015** Dr. Theresa Burke will conduct a **General Training** open to anyone who interested in Grief to Grace or Rachel's Vineyard.

All are encouraged to attend any or all of the trainings listed.

For more information please contact: Beth Woodman at bwoodman@hopeandhealingcenter.org

Manchester, NH - Clinical Training

On **Saturday November 7, 2015** Dr. Theresa Burke will be conducting a **Clinical Training** for those in the Medical profession. For more information please contact Darlene Pawlik at Gracefiles@comcast.net

Rome, Assisi & Medjugorje Pilgrimage

On **April 10-22, 2016** Dr. Theresa Burke will attend a **Pilgrimage** to Rome, Assisi and Medjugorje. She would like to invite anyone who has attended a Rachel's Vineyard retreat to attend this pilgrimage with her. This includes but is not limited to those who are members of a Rachel's Vineyard team. This Pilgrimage is being hosted by Totally Yours Pilgrimages. For more information please contact Guy Murphy, Monica-Pia, Beth, Linda, Jackie or Colleen at [1- 630-279-8424](tel:1-630-279-8424). *This Pilgrimage cannot be found on the Totally Yours website for privacy reasons.*

“Alone we can do so little; together we can do so much.”

~ Helen Keller

Events of Interest

ROME-ASSISI-MEDJUGORJE-2016

APRIL 10-22 (13 DAYS) \$3,495 (2395 LAND ONLY)



“Tending the Vineyard with Mercy”

Pilgrimage for Rachel's Vineyard Alumni

Accompanied by **Theresa Burke**



“To enjoy the fullness of life and obtain peace, you must turn back to God.”

P.O. Box 897 Hillside, IL 60162 Tel. 630-279-8424 Fax 630-279-8168 email: info@MED1.com

ITINERARY



April 10 **Leave JFK**

April 11 Arrive in Rome - Visit **St. Paul's Basilica**

+ **St. Mary Majors**. Overnight in Rome.

April 12 Tour Rome. **St. Peter's Basilica,**

Holy Stairs, Church of the Holy Cross, and more.

April 13 Papal Audience, depart for Assisi. Visit St. Mary of the Angels.

April 14 **Day in Assisi**. See St. Francis & St. Clare Basilicas,

San Damiano, and more.

April 16 Arrive in Split in Croatia at 8am. Bus to Medjugorje.

April 16-21+**Medjugorje**

(Overnight in Medjugorje 6 nights.)

+Visit St. James Church

+Listen to Visionaries

+Climb Cross Mountain - Apparition Hill

April 22 Depart Medjugorje for Airport --Arrive in JFK PM.

PRICE: \$3,495--\$200 Deposit due October 10, 2015--Remaining balance due Dec. 10, 2015

Latecomers are welcome to try and get on the trip.

Payment

Includes: Air/Bus/
Transportation/Bed/
Breakfast/Dinner/Taxes

Not Included: Tips \$125
per person, insurance,
lunches, alcoholic beverages,
souvenirs.

Single Supplement & visa fee
if applicable.

**\$200 deposit must be
sent 150 days prior to
departure and the
remaining balance 120
days before.**

Print Clearly: include name

(as is spelled on passport),
address, phone and options
desired with your **\$200
deposit**. (Include with
deposit a copy of Passport
photo page.)

Sign up by credit card by
visiting www.medj1.com.

Or mail Checks payable to:

**Totally Yours Co.
P.O. Box 897
Hillside, IL 60162**

Refund Policy-

Cancellations from
departure date:
Before 150 days-Full Refund
149-100 days-Total less \$200
99-90 days-50% Refund
29-3 days-10% Refund

*If airline tickets have been
purchased, this amount will
be fully deducted from the
refund. Totally Yours Co.
has a limited liability policy.
Priests (Chaplains) Free;
Religious Brothers and
Sisters 33% off.

Travel Insurance&Visas

For additional travel
insurance, Contact us at
1-630-279-8424. US
Passport is required for
travel. Non US citizens must
contact our office at least 90
days before the pilgrimage
for obtaining a visa. \$110 for
assist & processing plus
direct embassy fee applies.
(It is the responsibility of the
traveler to obtain a Visa.)
Prices, dates, and locations
are subject to change
without notice.

For more information, contact Guy Murphy, Monica-Pia, Beth, Linda, Jackie, Colleen at 1-630-279-8424

Sign up on-line or mail in your deposit! Visit our Website: www.MEDJ1.com

“Some journeys take us far from home. Some adventures lead us to
our destiny.”

~ C.S. Lewis

Upcoming Rachel's Vineyard Retreats

Lake Charles, LA

Contact: Marjorie Long [337-439-7400 ext317](tel:337-439-7400)
rachels.vineyard@lcdioocese.org

Friday, July 03, 2015
Sunday, July 05, 2015

Denver, CO

Contact: Ameer Stadler [\(720\) 271-7406](tel:720-271-7406)
Contact: Edith Gutierrez [303-775-4108](tel:303-775-4108) edieg2@aol.com
Contact: Lori Frank [303-904-7414](tel:303-904-7414) lorgreg@msn.com

Friday, July 10, 2015
Sunday, July 12, 2015

Ann Arbor, MI

Contact: Beth Bauer [734-369-3470](tel:734-369-3470) lpbbauer@yahoo.com

Friday, July 10, 2015
Sunday, July 12, 2015

Hankinson, ND

Contact: Ruth Ruch [701-219-3941](tel:701-219-3941) ruch@i29.net

Friday, July 10, 2015
Sunday, July 12, 2015

Bologna, Italy

Contact: Italia-Nord Valeria D'Antonio [011-39-347-262-5321](tel:011-39-347-262-5321)
Contact: Italia-Sud Monika e Domenico Montanaro [39.099.7724.518](tel:39.099.7724.518)
info.vignadirachele@yahoo.it

Friday, July 10, 2015
Sunday, July 12, 2015

Springfield, MA

Contact: Jean Suddaby [413-452-0661](tel:413-452-0661)
Contact: Suzanne DeFriesse [203-417-0504](tel:203-417-0504) luvthegospa@hotmail.com

Friday, July 17, 2015
Sunday, July 19, 2015

Allentown, PA

Contact: Sr. Meg Cole, SSJ [866-372-2435](tel:866-372-2435) mcole@allentowndioocese.org

Friday, July 17, 2015
Sunday, July 19, 2015

Melbourne (Interdenom), VIC

Contact: Anne Neville (03) 9870 7044 anne@opendoors.com.au

Friday, July 17, 2015
Sunday, July 19, 2015

Provincia Colon, Panama

Contact: Maria Jose [\(507\) 442-0683](tel:507-442-0683)
Contact: Sister Maria Magdalena [\(011507\)-442-0683](tel:011507-442-0683)

Friday, July 17, 2015
Sunday, July 19, 2015

Houston (Interdenom), TX

Contact: Shay Christophson [281-799-2002](tel:281-799-2002) shay@gulfcoasthealing.org

Contact: April [281-236-8719](tel:281-236-8719) april@gulfcoasthealing.org

Contact: Stephanie Walker [713-690-2210](tel:713-690-2210) steph@gulfcoasthealing.org

Friday, July 24, 2015

Sunday, July 26, 2015

Hays, KS

Contact: Donetta Robben [877-447-4383](tel:877-447-4383) rvineyard@ruraltel.net

Friday, July 24, 2015

Sunday, July 26, 2015

Tucumán, Argentina

Contact: Lala Rey Méndez 0291 154 74 4500

lalareymendez@gmail.com

Language: Spanish

Friday, July 24, 2015

Sunday, July 26, 2015

Katy (Interdenom), TX

Contact: Mary Lee Mason [254-383-1717](tel:254-383-1717) rvinfo@newheartoftexas.org

Thursday, July 30, 2015

Saturday, August 01, 2015

Tampa, FL

Contact: Emma Boe [813-924-4173](tel:813-924-4173) projectrachel@ccdosp.org

Language: Spanish

Friday, July 31, 2015

Sunday, August 02, 2015

Western Washington, WA

Contact: (Español) Marisela [206-450-7814](tel:206-450-7814) valeriepr@aol.com

Contact: Valerie Jacobs 800-822-HOPE valeriepr@aol.com

Friday, July 31, 2015

Sunday, August 02, 2015

Note: Retreat will be held in Auburn, WA.

Minneapolis/St. Paul, MN

Contact: Nancy Blom [763-250-9313](tel:763-250-9313) rachels@rvineyardmn.org

Friday, July 31, 2015

Sunday, August 02, 2015

Miami (Español), FL

Contact: Jackie Guillen [305-302-9436](tel:305-302-9436) clamordevida@aim.com

Language: Spanish

Friday, August 07, 2015

Sunday, August 09, 2015

Denver (Español), CO

Contact: Rosalinda Lozano [720-320-2449](tel:720-320-2449)

ElVinedoDeRaquel@comcast.net

Language: Spanish

Friday, August 14, 2015

Sunday, August 16, 2015

Saginaw, MI

Contact: Sandy Buza [989-797-6652](tel:989-797-6652) sbuza.aai-pa@sbcglobal.net

Contact: Sandy Buza [800-453-2081](tel:800-453-2081) x652

Friday, August 14, 2015

Sunday, August 16, 2015

Sydney, Australia

Contact: Anne Sherston 03-6229 8739 rachelsvineyardtas@aapt.net.au

Contact: Rachel 0400 092 555 info@rachelsvineyard.org.au

Friday, August 14, 2015

Sunday, August 16, 2015

Buenos Aires, Argentina

Contact: Lala Rey Méndez 0291 154 74 4500 lalareymendez@gmail.com

Language: Spanish

Friday, August 14, 2015

Sunday, August 16, 2015

Catedral, Juticalpa, Olancho, Honduras

Contact: Rev. Carlos Manuel Cardona Turcios (504) 95886820

ccardona1985@yahoo.com

Language: Spanish

Friday, August 14, 2015

Sunday, August 16, 2015

San Salvador , El Salvador

Contact: 503 77368877

Contact: Lorena Bolaños de Abrego 503 22987000

vinedosderaquelelsalvador@ccnuevaalianza.com

Language: Spanish

Friday, August 21, 2015

Sunday, August 23, 2015

Dallas, TX

Contact: Maggie Lopez [214-544-2273](tel:214-544-2273) mlopez@prolifedallas.org

Friday, August 21, 2015

Sunday, August 23, 2015

Fort Hood / Killeen (Interdenom), TX

Contact: Lovette Vassar [254-289-1595](tel:254-289-1595) aclassic74vette@aol.com

Friday, August 21, 2015

Sunday, August 23, 2015

Bahía Blanca , Argentina

Contact: Lala Rey Méndez 0291 154 74 4500 lalareymendez@gmail.com

Friday, September 04, 2015

Sunday, September 06, 2015

Vienna, Austria

Contact: Claudia Brandhuber [\(+43\) 0699-1021-4241](tel:+43-0699-1021-4241)

info@rachelsweinberg.at

Language: German

Friday, September 04, 2015

Sunday, September 06, 2015

Detroit Area, MI

Contact: English Retreat [\(248\) 494-6363](tel:2484946363) info@detroitrachelsvineyard.org

Contact: Site Leader: wendy_anderson@mydetroitrachelsvineyard.org

Contact: Spanish Retreat [\(248\) 296-9011](tel:2482969011)

info@detroitrachelsvineyard.org

Language: Spanish

Friday, September 11, 2015

Sunday, September 13, 2015

Newark, NJ

Contact: Cheryl Riley [973-497-4350](tel:9734974350) rileyche@rcan.org

Friday, September 11, 2015

Sunday, September 13, 2015

Fort Worth, TX

Contact: Betsy Kopor [817-923-4757](tel:8179234757) forgiven@racheltx.org

Friday, September 11, 2015

Sunday, September 13, 2015

Tucson, AZ

Contact: Gail Phelps [520-743-6777](tel:5207436777) rachelsvineyardtucson@cox.net

Friday, September 11, 2015

Sunday, September 13, 2015

Atlanta, GA

Contact: Mary Ann McNeil [404-717-5557](tel:4047175557) pathmcneil@gmail.com

Friday, September 11, 2015

Sunday, September 13, 2015

San Bernardino, CA

Contact: Blanca Leal-McGuthrie (Español) [909-520-3867](tel:9095203867)

blancamcuthrie@gmail.com

Contact: Mary Huber - (English) [909-475-5353](tel:9094755353)

mhuber@sbdioocese.org

Friday, September 11, 2015

Sunday, September 13, 2015

Note: Retreat will be held in Big Bear, CA.

Lancaster, KY

Contact: Gwen Hall [606-874-9170](tel:6068749170) ghall@cdlex.org

Contact: Ellie Durbin [859-806-3959](tel:8598063959) elliedurbin@gmail.com

Friday, September 18, 2015

Sunday, September 20, 2015

Monroe (Interdenom), WA

Contact: Barbara Olson [425-297-3225](tel:4252973225) bj.olson_44@yahoo.com

Friday, September 18, 2015

Sunday, September 20, 2015

Jacksonville/St. Augustine, FL

Contact: Jackie Love [904-294-1884](tel:9042941884) rachelsvineyardjax@yahoo.com

Contact: Rachel [904-221-3232](tel:9042213232) rachelsvineyardjax@yahoo.com

Friday, September 18, 2015

Sunday, September 20, 2015

Bend, OR

Contact: Patricia Hutchinson [800-249-8074](tel:800-249-8074)
ProjectRachel@CatholicCharitiesOregon.org
Friday, September 18, 2015
Sunday, September 20, 2015

Tampa, FL

Contact: Emma Boe [813-924-4173](tel:813-924-4173) projectrachel@ccdosp.org
Friday, September 18, 2015
Sunday, September 20, 2015

Asheville, NC

Contact: Deacon Tom Rasmussen [828-495-7234](tel:828-495-7234)
deacontom@centurylink.net
Contact: Jackie Childers [980 241-0251](tel:980-241-0251) jackie.childers.1@gmail.com
Contact: Shelley Glanton [828-230-4940](tel:828-230-4940) sglan1234@aol.com
Friday, September 18, 2015
Sunday, September 20, 2015

Hildesheim, Germany

Contact: Anne Arthur amecarthur@yahoo.com
Contact: Christiane Kurpik [+49-\(0\)5121-133761](tel:+49-(0)5121-133761) chrkur@web.de
Language: German
Friday, September 18, 2015
Sunday, September 20, 2015
Note: Reterat held in 38723 Seesen/Stauffenburg

Mexico City, Mexico

Contact: Maria Esther [4455-14-42-81-89](tel:4455-14-42-81-89) me.cardoso@irma.org.mx
Contact: Maria Esther Cardoso [52-60-31-78](tel:52-60-31-78) ayuda@irma.org.mx
Friday, September 18, 2015
Sunday, September 20, 2015

Cork, Ireland

Contact: Bernadette Goulding [087 859 2877](tel:087-859-2877) noramalone15@yahoo.com
Friday, September 25, 2015
Sunday, September 27, 2015

Rio Grande City, TX

Contact: Phyllis Young [956-541-2720](tel:956-541-2720) young.phil@sbcglobal.net
Language: Spanish
Friday, September 25, 2015
Sunday, September 27, 2015

Cali, Colombia

Contact: Yolanda Vélez Hernández [3113494138](tel:3113494138)
providadigna@gmail.com
Friday, September 25, 2015
Sunday, September 27, 2015

Cache Creek, BC, Canada

Contact: Nancy Hadden [250-267-5081](tel:250-267-5081) rvkamloops@yahoo.ca
Wednesday, September 30, 2015
Friday, October 02, 2015